



Calendar — Days with Corps & Conscience 2026–2027

Sundays from 10 am to 4 pm, to build as you wish. Morning — Kundalini yoga & meditation · Afternoon — Body awareness & creative dance. Come in the morning, the afternoon, or stay for the whole day — each moment adapts to your presence, and every Sunday is guided by a seasonal theme.

contact@corps-et-conscience.net · 07 67 55 33 78 · corps-et-conscience.net

September

2026

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October

2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November

2026

M	T	W	T	F	S	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

2026

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January

2027

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17

February

2027

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21

18	19	20	21	22	23	24
25	26	27	28	29	30	31

22	23	24	25	26	27	28
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March2027						
M	T	W	T	F	S	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April2027						
M	T	W	T	F	S	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May2027						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June2027						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July2027						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Your gatherings in detail — 3 gatherings

Sunday 15 November 2026
10:00

A Sunday for yourself
A Sunday entirely for you, to slow down and return to what matters. Through postures, meditations and danced movement, let your body bring you back to what truly counts.

Sunday 7 February 2027
10:00

Vitality at the heart of winter
A day to rekindle your energy at the heart of winter. Kundalini, meditations, body awareness and creative dance warm body and mind, gently, together.

Sunday 2 May 2027
10:00

Dancing into spring
A day to welcome spring in motion. The body wakes up, the dance takes flight, and practice deepens in trust, from morning to afternoon.

 **Book by message — places are deliberately limited**
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